



## A La Carte Menu

### STARTERS

Ital Rundown Spring Rolls Cho Cho Kimchi, Sweet Hot Pepper Sauce (Vegan)	£5.50
Jerk Chicken Wings Banana Ketchup	£5.50
Jerk Pork Ballotine Rum Raisins, Guava Jelly, Toasted Almonds, Pea Shoots	£5.50
Salt Fish Fritters Green Mango and Scotch Bonnet Pepper Relish	£6.50
Jerk Cured Hot Smoked Salmon Rice and Peas Sushi, Breadfruit and Wasabi Mayo	£7.50
Hot Pepper Prawn Cocktail Grilled Bammy	£7.50
Escovitch Crab Cakes, Charred Pineapple	£6.50

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*Our food takes inspiration from the various influences of the Caribbean islands from Jamaica to Margarita with a little stop over at St Lucia and is presented on a plate for you in what we refer to as 'Nouvelle cuisine Caribbean'*

*Fresh ingredients are sourced daily and our meats are marinated for at least 48 hours*

*For those with allergies to various food ingredients, please ask your server for clarification.*

*Our superb scotch bonnet sauce is available on request for those who would like their food a little spicier*

Please note a 12.5% service charge will be added to all bills.

## MEAT DISHES

Whole Jerk Baby Chicken Jerk Sauce, Cotton's Coleslaw	£9.90
Cottons Curried Mutton Fried Plantain	£9.90
Boston Bay Jerk Belly Of Pork Jerk BBQ Sauce, Cotton's Coleslaw	£8.90
Slow Braised Oxtail and Butterbean Stew Fried Dumplings	£9.90
Herb Spiced Rack Of Lamb Quinoa Rum Raisin Tabbouleh, Sorrel Yoghurt Dressing	£12.50
Cotton's Meat Platter Jerk Chicken Wings, Boston Bay Jerk Belly Of Pork, Herb Spiced Lamb Chop, Banana Ketchup, Cotton's Coleslaw	£12.50
Cottons Bammy Beef Burger, 10oz Jerk Infused Scottish Beef, Applewood Smoked Cheddar, Lettuce, Tomato, Jerk BBQ Sauce on Bammy Bun, Cotton's Cassava Chips	£12.50

## FISH DISHES

Jerk Octopus Salad Frisee, Radicchio, Pickled Rainbow Beetroots, Radish, Passionfruit Vinaigrette	£12.50
Cotton's Creole Seafood Curry Lotus Crisps	£12.50
Fried Red Snapper Escovitch, Steamed Vegetables, Green Plantain Crips	£12.50
Banana Leaf Steamed Seabass Fillets Wilted Okra, Callaloo And Scallion, Jamaican Water Crackers, Tomato Salsa	£12.50

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# VEGETARIAN DISHES

Ital Vegetable Rundown, £9.90  
Fried Plantain

Jerk Pineapple Salad, £9.90  
Mixed Leaves, Toasted Quinoa, Chia Seeds, Radish, Blistered Cherry Tomatoes,  
Green Goddess Dressing (Vegan)

## SIDE ORDERS £3.50

Rice And Peas - White Rice - Fried Plantain - Cotton's Cassava Chips - Macaroni and Cheese  
Steamed Vegetables - Dumplings and Festivals - Cotton's Coleslaw - Mixed Leaves Salad

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## GLOSSARY OF TERMINOLOGY

- Caribbean Roti – an East Indian style flatbread in filled with seasoned crushed lentils
- Plantain – often referred to as 'green banana' – from the banana family – must be cooked before being eaten.
- Rice n Peas – rice cooked with herbs & scotch bonnet (Caribbean spicy pepper) with Gungo peas (pigeon peas) is very popular in West Indian cooking
- Yams – are edible tubers and comes in a wide variety of shapes and sizes. Has either white or yellow flesh and is nutty in flavour. Yams are cooked in the same way as potatoes.
- Callaloo (Ca la lu) – a vegetable closely resembling spinach in appearance and taste
- Chipotle – a south American fiery pepper
- Sorrel – a perennial flower plant found predominantly in Jamaica, the flowers of which are processed to form a sweet n sour syrup. Also referred to as Roselle
- Palm hearts – the young off shoots of a palm tree, marinated and pickled.
- Jerk – a highly seasoned barbecue – peppered dish cooked on smouldering pimiento wood over a coal pit. Jerk is a part of Jamaican culinary tradition for centuries. Its origins date back to the native Arawak Indians traditional methods of cooking. The escaped slaves called Maroons are believed to have developed and perfected this method of preserving and cooking meat during their years of living in the Blue Mountain fighting the British troops. recipes have been handed down through the generations – recipes and techniques kept secret and developed as competition and pride runs high amongst jerk cooks in Jamaica

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## DESSERTS

£6.50

Dark Chocolate and Banana Mousse, Frozen Raspberries, Crispy Mint (Vegan/Gluten Free)

Lime Meringue Pie, Lemon Sorbet

Cotton's Cake Trilogy: Rum Cake, Carrot Cake, Ginger Cake, Rum And Raisin Ice Cream

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*Cottons ... Bringing the Caribbean sunshine to Camden since 1985*

**Cottons**  
Rhum Shack • Restaurant

   /WEARECOTTONS

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